

HOW TO TEACH *EXTRAORDINARY YOU* IN LESS THAN 6 DAYS

Extraordinary You can be easily modified to fit into your teaching schedule. We've provided an example of how to teach the lesson plans in three days, two days or one day. We've also included a slide presentation on the CD and on our website that combines all six slide presentations into one. This will be particularly helpful if you are showing slides from several lesson in one day.

TEACHING *EXTRAORDINARY YOU* IN 3 DAYS*

Day 1: Combine lessons one and two.

Day 2: Combine lessons three and four.

Day 3: Combine Lessons five and six.

Daily directions: On day one read the Teacher Input from lesson one. For each day, show all the slides from both lessons. Use class activities and Avenue for Enrichment activities of your choosing as time allows. On day three complete Class Activity 1 or 2 from lesson six. Conclude each day by reading one or more Abolition Challenges. Daily assessments or some of the Avenue for Enrichment activities can be used as homework.

TEACHING *EXTRAORDINARY YOU* IN 2 DAYS*

Day 1: Combine lessons one, two and three.

Day 2: Combine lessons four, five and six.

Daily directions: On day one read the teacher input from lesson one. For each day, show all the slides from all three lessons. Use class activities and Avenue for Enrichment activities of your choosing as time allows. On day two complete Class Activity 1 or 2 from lesson six. Conclude each day by reading one or more Abolition Challenges. Daily assessments or some of the Avenue for Enrichment activities can be used as homework.

TEACHING *EXTRAORDINARY YOU* IN 1 DAY*

We recommend teaching *Extraordinary You* in two or more days, however, it can be taught in one class period if absolutely necessary. You will need at least 50 minutes to complete this modified lesson.

Directions: Read the Teacher Input from lesson one. Show the slides from all six lessons. Read the Abolition Challenges between lessons. Complete Class Activity 1 or 2 from lesson six. Complete the Avenue for Enrichment *Commit to It* handout from lesson six. Send home the *Tips to Stay Safe Handout* from lesson four.

*If you do not plan to administer the posttest, it is important to give students an opportunity to privately express a need for help. An easy way to do this is to direct students to answer several questions on notebook paper and turn in. Include question 10 from the posttest when completing this activity.